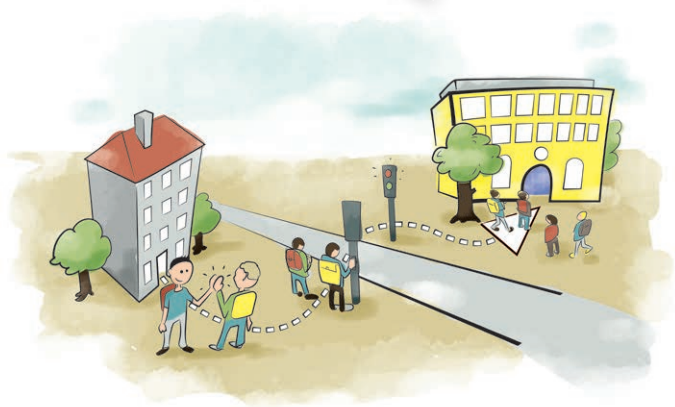


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A guide for school enrollment
addressing parents and children

My school day



Niedersachsen

Dear parents,



Your child is starting school. You may ask yourself: What is going to change for us? We aim to answer this question with comprehensive information material.

The brochure at hand deals especially with daily school routines. A day at school is more than a couple of classes. Pupils need a strong support structure which parents need to provide. That begins with getting up on time in the morning and ends with going to bed early in the evening. Regular and healthy meals at home and in school also aid your child's ability to learn. These suggestions and many more can be found in this brochure.

School and parents: We both want the best for your child. By communicating well with one another we will succeed.

I wish your child an excellent start at school,

A handwritten signature in blue ink that reads 'Frauke Heiligenstadt'.

Frauke Heiligenstadt

Niedersächsische Kultusministerin



Hi! I am Tim.
And this is my school. I've been
going there for a few months.
I will tell you about
my school day.



I like
muesli for
breakfast.

We wake Tim up in time so we can have breakfast together.

Tip 1: Get up in time and have breakfast together

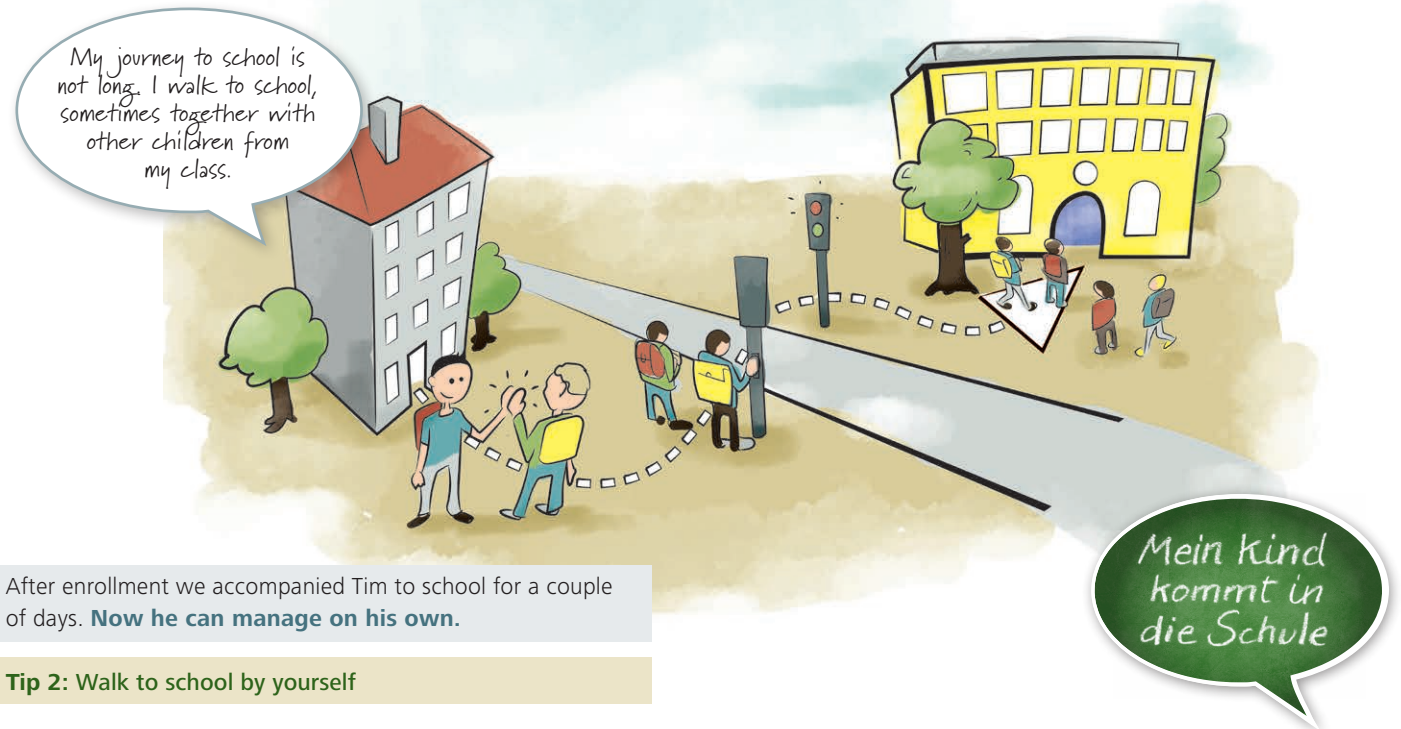


We send Tim to school early enough so he gets there on time.

Tip 3: Make sure to be at school before class starts



Hello. We are Tim's parents. We will tell you how we support Tim during his school day.



My journey to school is
not long. I walk to school,
sometimes together with
other children from
my class.

After enrollment we accompanied Tim to school for a couple of days. **Now he can manage on his own.**

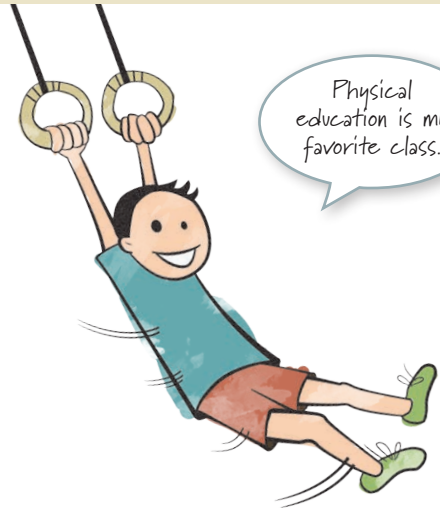
Tip 2: Walk to school by yourself

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Tim shows us **the things he did in school**. We show interest in them.

Tip 4: Pay attention during class and get involved



We make sure **Tim takes his sports gear with him when he has PE class**: sport clothing, sport shoes. Every day we help him organize and pack his bag for school.

Tip 5: Organize and pack the schoolbag every day



We signed Tim up for **lunch at school** and pay for it. Also we pack him **a healthy snack and a drink** for the big break.

Tip 6: Eat and drink enough healthy food and beverages at school



Tim is enjoying what the full-time programme has to offer – **and we know that he is taken good care of.**

Tip 7: Take advantage of the full-time programme at your school



We are happy about **Tim's progress** in reading and writing. He likes practicing at home. That is why he has **his own desk**. We ask about his homework every day and let him explain to us what he did.

Tip 8: Practice for school at home in peace




We read to Tim every evening. He enjoys it – and so do we.

Tip 10: Read to your child before she/he falls asleep



It's important to us that **the family eats dinner together**. That way, everyone can talk about their day – and we can ask Tim about his day at school.

Tip 9: Eat dinner together and talk about the day



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